

Camp Meadowbrook

Summer Camp Procedures &
Guidelines



Welcome To Camp Meadowbrook!

Dear Camp Families,

We have updated our policy and procedures in accordance with CDC Youth Programs and Camps, PA Department of Health, and American Camp Association. The information enclosed will help you prepare for camp. Please review these policies and procedures outlined in this document as they have been put in place as an effort to keep our campers and staff safe this summer. If you have any questions or concerns regarding this document, please email us at summercamps@themeadowbrookschool.org.

Updated as of May 2, 2022

Guidance for COVID-19 Prevention

In an attempt to prevent exposure and transmission of COVID-19, parents/guardians should do the following:

- ❑ Self screen for the presence of the following before arriving to camp:
 - fever of 100.4 °F or greater
 - cough
 - shortness of breath
 - diarrhea
 - fatigue
 - headache
 - muscle aches
 - nausea
 - loss of taste or smell
 - sore throat
 - Vomiting
- ❑ determine if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.
- ❑ Visit the CDC website to complete a Self Check
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html>

Ongoing Screening

Counselors will monitor campers throughout the camp day in an effort to limit the transmission of COVID-19. If a camper develops a fever of 100.4 OR greater OR any combination of the following symptoms, that camper will be sent home:

- cough
- shortness of breath
- diarrhea
- fatigue
- headache
- muscle aches
- nausea
- loss of taste or smell
- sore throat
- Vomiting

Seasonal Allergies

If your child experiences seasonal allergies, please let us know prior to the start of camp. Please complete the Medication Policy Form if your child needs to bring allergy medication to camp.

Absence

If your child will be absent on a day when he or she is scheduled to attend camp, please contact the office at 215-884-3238 or email summercamps@themeadowbrookschool.org by 8:00 AM and let us know. Please note that the camp fee for that day is non-refundable.

Campers are required to stay home if they:

- Are sick
- Showing symptoms of COVID-19
- Have tested positive for COVID-19
- Have recently had contact with someone that tested positive for COVID-19

Camper Arrival / Dismissal

The drop off and pick up procedure has been implemented to reduce the risk of COVID-19 transmission. Please review carefully, as each summer program may have a different arrival and dismissal time. Each camp program has a separate entrance for arrival and dismissal. A sign will be posted to direct you to each location.

Morning Drop Off: For safety, parents and campers should remain in their cars while waiting in the carline. Please have your camper prepared to exit the vehicle when a Counselor approaches your vehicle.

A Counselor will check-in your child upon arrival and direct them to their camp group. If arriving late, parents must call the office at **215-884-3238** prior to dropping off campers. A Counselor will assist you upon arrival.

Afternoon Pick Up: Campers will be brought to their assigned location for pickup. Signs will be placed throughout campus directing parents to each camp program. Counselors will dismiss campers when parents or guardians arrive.

Camp	Arrival Time	Dismissal Time
Little Adventures Camp	8:00am	1:00pm (half day) 3:00pm (full day)
Art & Music Camp	9:00am	3:00pm
Soccer Camp	8:30am	12:00pm
Coding Camp	9:00am	12:00pm
Sports & Fitness	8:00am	3:00pm
Writing Camp	9:00am	3:00pm
Science Camp	8:00am	4:00pm

Required Camp Forms

The following forms must be completed and returned before your child can start camp. All forms are emailed on May 1st.

- Camp Medical Form
- Allergy Form
- Emergency Contact Form
- Participation Waiver
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Group Sizes

To limit the transmission of COVID-19, we have limited enrollment to our camp programs. This modification of group sizes has ensured enough space to accommodate campers and staff, while practicing social distancing through the camp day.

There will be no mixing between camp groups and each group will maintain the same staff members throughout the program. Each camp group will have a designated indoor and outdoor space.

The camper to counselor ratio is 1 Counselor to every 6 campers, along with an additional counselor for support and supervision.

Supplies

Campers will be given a crate or cubby for personal belongings. Each camper will receive a personal craft bin with supplies to use during camp to limit the sharing of items.

- **Sunscreen/Insect Repellent** - Apply sunscreen and insect repellent to your child prior to arriving at camp. Please pack a bottle of sunscreen/insect repellent to keep at camp labeled with your child's name.
- **Clothing** - Campers should arrive at camp appropriately dressed for the day and weather. Each camper must wear closed-toe shoes to protect their feet during outdoor activities.
- **Water Bottle** - Each camper is required to bring a large water bottle to camp each day. We recommend at least a 32 oz bottle. Campers will be able to refill their water throughout the day at our water bottle filling stations.

Lunch & Snacks

Each camper registered in a **full day program** is required to bring lunch. **Camp Meadowbrook is nut free - no tree nuts, peanuts or other nuts can be brought to camp at any time.** Campers will eat outside whenever possible. If lunch must be held inside, it will take place in a classroom or dining commons, and campers will be seated 3' to 6' apart. Disposable utensils and plates will be provided if needed.

A healthy snack will be provided to all campers in each program.

Face Covering

Optional indoor masks mandate for staff members and campers. This is subject to change based on recommendations from the CDC and Montgomery County Health Department.

Campers who chose to wear mask will have mask breaks during the following times:

1. Eating or drinking when spaced at least 3-6 feet apart;

2. Engaged in any activity at least 3-6 feet apart (e.g. face covering breaks, recess, etc.)

Hygiene Practices

All counselors, campers, and other staff members will be wearing a face mask throughout the day. Campers will be instructed to wash hands frequently throughout the day, after activities, before & after lunch, upon arriving and prior to departure.

Campers will be instructed to wash their hands and/or use hand sanitizer throughout the day. Sanitizing stations will be placed throughout the campus for use. There will be posters placed throughout campus about proper handwashing, cough/sneeze etiquette, symptoms of COVID, and physical distancing.

Cleaning / Disinfecting

Indoor spaces will be cleaned and disinfected between each camp session/activity. All items, furniture, and frequently touched surfaces will be cleaned and disinfected throughout the day and at the end of each day. At the end of each week, each camp room receives a deep clean by our Facilities Team.

Camper Showing Signs of COVID-19

The following procedures will be followed in the event of a camper or staff member showing signs of a COVID-19 (such as fever, shortness of breath, or cough):

- The camper will be separated from their camp group and taken to our quarantine room by a designated Staff member
- A Counselor will contact his/her parents for pick-up. Parents are encouraged to contact their healthcare provider for an evaluation and possible COVID-19 test.
- Camp Staff will clean and disinfect the areas the camper occupied according to CDC requirements.

Confirmed Case of COVID-19

New CDC guidance has reduced the recommended time for isolation and quarantine periods to 5 days. [Learn why CDC updated guidance for the general](#)

public. If the camper received a positive COVID-19 test result, the following will take place:

- Stay home and quarantine, review the CDC Procedures regarding how long to quarantine. <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#isolate>.
- Camp Administration works with local health officials to assess spread and support follow up with staff, parents, guardians, or caregivers of camper(s) that had contact with the ill camper(s)
- Parents, guardians, or caregivers of close contacts are advised to keep their children home (quarantine for up to 5 days) and to consult with the camper(s)' healthcare provider for evaluation and possible COVID-19 test.
- Members of the ill camper(s)' household and staff who had close contact with the camper are advised to quarantine as well. The ill camper(s) can return to camp and end isolation once the following are met: •
 - 5 days out from the start of the symptoms, AND
 - Fever free for 24 hours without fever reducing medication, AND
 - Symptoms have improved.
- In order to maintain confidentiality, the name and any potentially identifying information of the confirmed individual will not be provided.
- The campus will be cleaned and disinfected after 24-hours
- If a shut down is required, parents/guardians within each summer program will be notified.

Quarantine and Isolation: Learn the [latest recommendations](#) after COVID-19 exposure or if you are sick.

Extended Day

Extended Day is available from 3 pm to 6 pm.

Inclement Weather

Camp will not be canceled due to rain or excessive heat. If we cannot be outdoors, activities will take place indoors. Each camp program will have a designated space to continue their program. If the rain is light and the weather is warm,

campers may be outside for at least a portion of the day. Please be sure your child brings appropriate clothing for the weather.