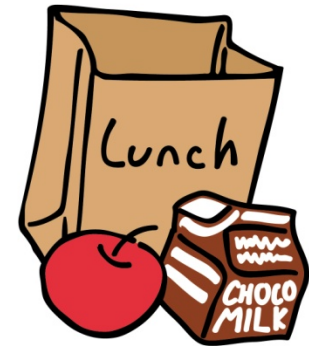


THE *Meadowbrook* SCHOOL
BRINGING LIFE TO LEARNING

Food Rules at Meadowbrook



Guidelines for Bag Lunches

- Please put your child's name on the lunch bag
- Lunches are kept in the classroom and can not be refrigerated or heated – please plan accordingly
- Meadowbrook is *nut free* – **no tree nuts, peanuts or other nuts can be brought into school at any time** (this includes lunches and classroom parties)
- Candy should not be included in lunches and is only served at special occasions throughout the school year. This includes fruit roll ups and other gummy snacks.
- If you include potato chips, or other bagged snacks – please limit the size to $\frac{3}{4}$ oz.
- Please keep in mind the educational aspect of the lunch program and limit dessert offerings. Don't forget to pack fruits & vegetables to balance your child's meal
- All food not eaten will be put back in bags and returned home.
- Please provide your child(ren) with water bottles with their **names clearly marked** on them.
- Due to allergies – we do not allow students to share their lunches brought from home with their classmates