



The Meadowbrook School: September Menu

Ingredient availability can alter menu selections.



Sept 1 NO SCHOOL	Sept 2 NO SCHOOL	Sept 3 Grilled American Cheese Sandwich Creamy Tomato Soup Potato Chips	Sept 4 <i>Tailgate for the Eagles vs. Cowboys</i> Wings, Hoagies, & Cheesesteak Sliders	Sept 5 <i>National Cheese Pizza Day</i> Potato Chips Sliced Fresh Fruit
Sept 8 Chicken & Waffles Sliced Fresh Fruit	Sept 9 Soft Shell Beef Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Sept 10 Cheese Ravioli with Beef Meatballs & Marinara Sauce Toasted Garlic Bread	Sept 11 Buffalo Chicken Cheese Steak French Fries Sliced Fruit	Sept 12 Milty Cheddar & Ham Sliders (Turkey will be Available) Potato Chips Sliced Fresh Fruit <i>National Chocolate Milkshake Day</i>
Sept 15 General Tso Chicken Fried Rice Veggie Egg Roll	Sept 16 Grilled American Cheese Sandwich Chef's Choice Soup Potato Chips	Sept 17 Chicken Parmesan Pasta Marinara Sauteed Mixed Veggies	Sept 18 <i>National Cheeseburger Day</i> French Fries Sliced Fresh Fruit	Sept 19 Cheese Pizza Potato Chips Sliced Fresh Fruit
Sept 22 Fried Chicken Tenders Mac & Cheese Steamed & Buttered Green Beans	Sept 23 Soft Shell Chicken Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Sept 24 Breakfast for Lunch French Toast Pork Bacon Shredded Hash Brown Potatoes	Sept 25 <i>National Quesadilla Day</i> Fried Sweet Potatoes Mexican Street Corn	Sept 26 Cheese Tortellini Alfredo Toasted Garlic Bread

Alternatives: Sun Butter, Sand, Cheese Sand, Turkey Sand, Buttered Noodles

Hand fruit and salad will always be available.

Dessert will alternate: sweet one day, fruit the next, yogurt, etc.

