



# The Meadowbrook School: October Menu



Ingredient availability can alter menu selections.

<p>30 Rigatoni Pasta with Meatballs Caesar Salad Garlic Bread</p>	<p>1 Chicken &amp; Waffles Sliced Fresh Fruit</p>	<p>2 Cheeseburger Slider French Fries Veggie Sticks with Ranch Dressing</p>	<p>3 Cheesesteak Quesadilla with Salsa &amp; Fried Corn Tortilla Chips Steamed White Rice</p>	<p>4 Friday Fun Food Wings, Mozzarella Sticks, &amp; Franks in a Blanket</p>
<p>7 Parmesan Chicken Slider on Garlic Bread Tater Tots Sliced Fresh Fruit</p>	<p>8 Soft Shell Beef Tacos w/Cheese &amp; Salsa Corn Tortilla Chips Rice</p>	<p>9 Cheese Pizza Potato Chips Raw Veggies</p>	<p>10 We're Brown Baggin' It! Sandwiches, Fruit, Chips, Snacks, &amp; Cookies</p>	<p>11 <b>NO SCHOOL</b></p>
<p>14 <b>NO SCHOOL</b></p>	<p>15 Chicken Parmesan Pasta Marinara Steamed Green</p>	<p>16 Shredded BBQ Pork Slider Mac &amp; Cheese Sliced Fresh Fruit</p>	<p>17 National Pasta Day Pasta Marinara Tossed Salad</p>	<p>18 Bacon Cheeseburger Sliders French Fries Sliced Fruit</p>
<p>21 Grilled American Cheese Sandwich Chef's Choice Soup Potato Chips</p>	<p>22 Soft Shell Chicken Tacos w/Cheese &amp; Salsa Corn Tortilla Chips Rice</p>	<p>23 Breakfast for Lunch Chocolate Chip French Toast Hash brown Potato Patty Pork Bacon</p>	<p>24 Cheese Pizza Potato Chips Tossed Salad</p>	<p>25 Fried Chicken Tender Mac &amp; Cheese Collard Greens w/Bacon</p>

**Alternatives: Cheese Sand, Turkey Sand, Buttered Noodles**

**Hand fruit and raw veggies will always be available.**

**Dessert will alternate: sweet one day, fruit the next, yogurt, etc.**

