



The Meadowbrook School: November Menu

Ingredient availability can alter menu selections.



Oct. 28 Cheese Tortellini With Marinara Garlic Bread	Oct 29 Chicken & Waffles Sliced Fresh Fruit	Oct 30 Roast Lemon Butter Salmon Rice Pilaf Steamed Green Beans	Oct 31 Pasta Marinara & beef Meatballs Garlic Bread	Nov 1 Grilled Chicken Teriyaki Stir Fried Rice Fried Vegetable Egg Rolls
Nov 4 Cheese Ravioli w/Marinara Toasted Garlic Bread Caesar Salad	Nov 5 NO SCHOOL	Nov 6 Soft Shell Chicken Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Nov 7 Cheese Pizza Potato Chips Veggie Sticks w/Ranch Dressing	Nov 8 Grilled American Cheese Sandwich Tomato Soup French Fries
Nov 11 Grilled Tandoori Chicken Basmati Rice w/Craisins Mixed Veggies Naan Bread	Nov 12 Breakfast for Lunch French Toast Pork Bacon Hash Brown Patties	Nov 13 Fried Chicken Tenders Mac & Cheese Green Beans	Nov 14 Grilled Sunbutter & Jelly Sandwich Potato Chips Sliced Bananas	Nov 15 Cheeseburger Slider French Fries Slice of Fresh Fruit
Nov 18 Pasta Alfredo & Grilled Chicken Toasted Garlic Bread Steamed Broccoli	Nov 19 Soft Shell Beef Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Nov 20 Cheese Pizza Potato Chips Veggie Sticks w/Ranch Dressing	Nov 21 THANKSGIVING FEAST	Nov 22 Grilled American Cheese Sandwich Chef's Choice Soup French Fries

Alternatives: Sun Butter, Sand, Cheese Sand, Turkey Sand, Buttered Noodles

Hand fruit and salad will always be available.

Dessert will alternate: sweet one day, fruit the next, yogurt, etc.

