



The Meadowbrook School: September Menu

Ingredient availability can alter menu selections.



Sept 2 NO SCHOOL	Sept 3 NO SCHOOL	Sept 4 Grilled American Cheese Sandwich Creamy Tomato Soup Potato Chips	Sept 5 <i>National Cheese Pizza Day</i> Potato Chips Sliced Fresh Fruit	Sept 6 Tailgate Friday Tangy Wings Mac & Cheese
Sept 9 Chicken & Waffles Sliced Fresh Fruit	Sept 10 Soft Shell Beef Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Sept 11 Cheese Ravioli with Marinara Sauce Toasted Garlic Bread Caesar Salad	Sept 12 Fried Chicken Tenders French Fries Sliced Fresh Fruit	Sept 13 Cheese Tortellini with Creamy Marinara Toasted Garlic Bread Caesar Salad
Sept 16 Beef Quesadilla Steamed White Rice Fried Corn Tortillas & Salsa	Sept 17 Roasted Turkey Mashed Potatoes Steamed Mixed Veggies	Sept 18 <i>National Cheeseburger Day</i> French Fries Veggie Sticks & Ranch Dressing	Sept 19 Chicken Parmesan Pasta Marinara Steamed Green Beans Garlic Bread	Sept 20 National Fried Rice Day Grilled Chicken Teriyaki Vegetable Egg Rolls
Sept 23 Grilled American Cheese Sandwich Chef's Choice Soup Potato Chips	Sept 24 Soft Shell Chicken Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Sept 25 Breakfast for Lunch French Toast Pork Sausage Patty Shredded Hash Brown Potatoes	Sept 26 Cheese Pizza French Fries Tossed Salad	Sept 27 Roast Salmon Roasted Red Potatoes Steamed Broccoli



Alternatives: Cheese Sand, Turkey Sand, Buttered Noodles
Hand fruit and raw veggies will always be available.
Dessert will alternate: sweet one day, fruit the next, yogurt, etc.

