## CulinArt Group Will Open the Doors to an All-new Dining Experience at The Meadowbrook School

CulinArt Group is pleased to be your new dining services partner at The Meadowbrook School. We provide innovative dining solutions to help students eat and live well. Each and every school day, CulinArt will present a nutritious and satisfying family-style meal. We are a food-first company and our recipes are prepared with whole, natural ingredients. We purchase produce and goods from local Pennsylvania farms and we source proteins from suppliers that promote the humane welfare of farm animals. Our shell eggs are Certified Humane Cage-Free, and we procure proteins with minimal (or free from) chemicals and antibiotics.

Our signature 'Eat Well' menu program is comprised of recipes that incorporate naturally flavorful and nutritious foods prepared with healthful cooking methods. We use spices and herbs so that students get more of what they need - necessary nutrients, fabulous flavor, and pleasing presentation. We identify Eat Well, vegetarian, vegan and locally-sourced menu options throughout our dining locations. We are also mindful of food waste. Our 'Waste Not' program tracks kitchen production, and we ask students to be mindful, too... take what you want, but eat what you take!

On Wellness Wednesdays and Try it Tuesdays we will introduce students to new tastes while educating on the benefits of superfoods, eating more fruits & veggies and how foods affect mood and balance. To keep the dining program fresh and on-trend, we will host special events, including Trend Tuesdays, Guest Chef Series and visits from our Registered Dietitians and wellness experts. We celebrate diversity through food, with special menus in recognition of cultural heritage months. And, we like to have fun! Our dining services team will celebrate theme days like Halloween, Lunar New Year, NFL Opening Day, and many more.

## We look forward to serving Meadowbrook students!

For more information on CulinArt Group, please visit <u>culinartgroup.com</u>. If you have immediate questions, feel free to contact CulinArt's Director of Dining Services Jim Rubeo <u>irubeo@culinartinc.com</u>.

