



The Meadowbrook School: September Menu



Ingredient availability can alter menu selections.

Sept 4 NO SCHOOL	Sept 5 NO SCHOOL	Sept 6 Chicken & Waffles Sliced Fresh Fruit	Sept 7 Beef Fajita Burrito Steamed White Rice Buttered Corn	Sept 8 Fried Chicken Mashed Taters Steamed Green Beans
Sept 11 Grilled American Cheese Sandwich Creamy Tomato Soup Potato Chips	Sept 12 Soft Shell Beef Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Sept 13 Cheese Pizza French Fries Tossed Salad National Chocolate Day Chocolate Chip Cookies	Sept 14 National Eat a Hoagie Day Turkey & Cheese Hoagie Veggie Sticks Hummus & Baked Pita Chips	Sept 15 Pasta Marinara with Meatballs Caesar Salad Garlic Bread
Sept 18 National Cheeseburger Day Cheeseburger Slider French Fries Sliced Fresh Fruit	Sept 19 All Beef Hot Dogs Mac & Cheese Steamed Green Beans	Sept 20 Grilled Chicken & Pasta Alfredo Toasted Garlic Bread Caesar Salad	Sept 21 Fried Chicken Tenders Roast Veggie Medley Mashed Honey Sweet Potatoes	Sept 22 Philly Cheese Steak Wrap French Fries Slice of Fresh Fruit
Sept 25 Grilled American Cheese Sandwich Chicken Noodle Soup Potato Chips	Sept 26 Soft Shell Chicken Tacos w/Cheese & Salsa Corn Tortilla Chips Rice	Sept 27 Breakfast for Lunch Scrambled Eggs w/American Cheese Turkey Sausage Patty Chocolate Chip Pancakes	Sept 28 Cheese Pizza French Fries Tossed Salad	Sept 29 Cheese Ravioli with Marinara Sauce Toasted Garlic Bread Caesar Salad

Alternatives: Cheese Sand, Turkey Sand, Buttered Noodles

Hand fruit and raw veggies will always be available.

Dessert will alternate: sweet one day, fruit the next, yogurt, etc.

